

## **YOUNG FAMILIES SESSION PACKING LIST**

### **Clothing**

4 pair long pants  
2 pair shorts  
4 pair socks  
1 pair work shoes  
1 pair hiking shoes  
1 pair sandals  
4 short-sleeved shirts  
2 long-sleeved shirts  
4 pair underwear  
raincoat  
sun hat  
1 warm jacket  
1 sweatshirt  
1 pair pajamas  
church clothing

### **Personal Items**

towel  
shampoo  
deodorant  
sunscreen  
insect repellent  
toothbrush  
toothpaste  
pads or tampons  
chapstick  
laundry bag  
shaving supplies  
sunglasses  
water bottle  
scriptures

### **Children's Equipment**

Booster Chairs ( we have high chairs at the Ranch for any child under 2 yrs. But for any older children, please bring a booster if you'd like them to have one for meal times)  
Baby monitor  
Port a crib, if needed  
Child backpack for family walks/hikes  
Any "essentials" for your baby/child

### **Optional Items**

day pack  
journal  
pen and notebook

As you pack we ask that you avoid styles that emphasize or draw inappropriate attention to your physical body instead of who you are. Your respect for yourself and others will increase as you honor your body through your appearance and dress.